
















Walk	Grade	Distance	Time
River Nith circuit, Carronbridge		3km	1 hour
Caerlaverock Castle and Nature Reserve		3km	1 hour
Glenkiln walk, nr Shawhead		6.5km	1.5 hours
Dumfries parks and riverside, Dumfries		6.75km	2 hours
Burns walk circular, Dumfries		7.5km	2 - 2.5 hours
Forest of Ae walks		8.5km	2 - 2.5 hours
Drumlanrig Castle and Burnmouth Bridge circuit		15.75km	4 - 4.5 hours
Waterloo Monument, from New Abbey		4.5km	1.5 - 2 hours
Well Path circuit, Durisdeer		6.5km	2 - 3 hours
Striding Arches, near Moniaive		9.5km	2.5 - 3.5 hours
Criffel by the Ardwall path		5km	2.5 - 3 hours
Queensberry, from Mitchellslacks		11.25km	4 - 5 hours
Green Lowther and Lowther Hill, Wanlockhead		11.5km	3 - 3.5 hours
Criffel circular, from New Abbey		12km	5 - 6 hours
Annandale Way		88km	5 stages
Southern Upland Way		338km	12 stages